

COLAS NORTH AMERICA LIVING GOAL ZERO



PERSONAL GUIDE TO OUR LIFESAVING ICONS AND BEHAVIORS

PURPOSE

The Lifesaving Icons are in place to protect you and your colleagues from serious injury. They apply to many of the activities we do every day, they are simple to follow and must always be followed. Abiding by these icons and behaviors will prevent the type of incidents that cause most of our serious injuries and ensure we continue our journey to Goal Zero. We all need to be accountable to the Lifesaving Icons.

YOUR ROLE

- 1) Familiarize yourself with the icons and associated risks, and then each day, or whenever you are performing a new task, ask yourself **"am I exposed to any of these risks?"** If the answer is yes, make sure the known safe work practices are followed, it may save your life.
- 2) When you see someone else not following the safe work practices or safe work behaviors, or feel a situation or behavior might be unsafe, respectfully intervene and discuss your concern, it could save their life and that of others.
- 3) We always need to be improving. Being open with your concerns allows us to discuss a better way to do similar jobs in the future.

LIFESAVING ICON	FOR THE EMPLOYEE	ASK YOURSELF
HAZARD CONTROL 	Have I identified and controlled all the hazards?	<ul style="list-style-type: none"> • What could go wrong? • Are the planned controls adequate? • Are there new hazards or has anything changed? • Have I involved the workers undertaking the task? • Am I prepared if something unexpected happens?
FALL PREVENTION 	Could I fall?	<ul style="list-style-type: none"> • Are guards or barriers in place to prevent me falling? • Can I safely maintain 3 points of contact getting into or out of my vehicle or when climbing or descending ladders? • Am I authorized to work at height? • Have I inspected my harness, am I tied off correctly and is there a rescue plan if I do fall?
ROAD SAFETY 	Am I driving safely?	<ul style="list-style-type: none"> • Did I inspect my vehicle? • Am I driving within the speed limit and is my speed appropriate for the conditions? • Is my seat belt on and are my passengers wearing theirs? • Have I removed distractions such as hand held phones and other electronic devices?
ENERGY ISOLATION 	Are all forms of energy isolated, dissipated or locked out?	<ul style="list-style-type: none"> • Have I considered all forms of hazardous energy (e.g. mechanical, electrical, pressure, heat and gravity?) • Is there a safety procedure for this task? • Has stored energy been released? • Are lockouts installed where needed? • Have I verified isolation before commencing work?
COMPETENCY 	Am I qualified, experienced and authorized to complete this task?	<ul style="list-style-type: none"> • Am I adequately trained and experienced? • Can I prove my competence? • Am I authorized to undertake this task?
HEALTH HAZARDS 	Am I protected from any harmful exposures?	<ul style="list-style-type: none"> • Are any carcinogens present e.g. asbestos, silica or radiation? • Are any other substances or exposure present that could harm my health (e.g. chemicals, gases, noise or ergonomic issues?) • Is the required PPE being used? • Am I trained/qualified to use this PPE?
IMPAIRMENT 	Am I fit for work?	<ul style="list-style-type: none"> • Am I overly tired, exhausted or fatigued? • Am I free from the influence of alcohol or drugs? • Am I overly stressed or preoccupied with other thoughts?
LINE OF FIRE 	Am I in the line of fire?	<ul style="list-style-type: none"> • Can I be struck or backed over by a vehicle or equipment? • Does the equipment operator know where I am? • Could something fall on me? • Could something strike me? • Could I get caught in a crush zone? • Am I near to materials being moved, loaded, or unloaded?